



# Congregation Ahavath Sholom

The Creative Spirit Dwells Here

## THE CAS NEWSLETTER      October 2020

### Upcoming services and events

All previously scheduled CAS events have been cancelled until further notice.

**Our Wednesday get-togethers and Shabbat services and events continue on a regular basis via Zoom!**

We hope in the days ahead everyone in our Berkshire community stays healthy and safe.

### This month's newsletter features:

- The High Holy Days
- October Creative Arts Workshops: *Designing Photographs*
- Milchidika with Marty:  
*Don't garden on a hillside when there are acorns on the ground*
- *Life Cycle of a Butterfly*, a poem by Lee Schwartz
- Some Ahavath Sholom member news
- We remember Freke Quirine Vuijst-Klein
- October Yahrzeits
- October Donations
- CAS Advertisers and Sponsors

## The High Holy Days

Congregation Ahavath Sholom observed the 5781/2020 High Holy Days, as did many other congregations throughout the country, via the Zoom online platform. Rabbi Barbara Cohen conducted services from our historic synagogue on North Street. Videographer Rick Sands, aided by congregants Lisa Chamberlain and Brenda Butler, provided the technical and logistical foundation for these presentations. A grant from the Jewish Federation of the Berkshires helped to support this effort, which allowed us to present a series of beautiful and meaningful services.



Erev Rosh HaShanah, the first day of Rosh HaShanah, Kol Nidre and the day and evening of Yom Kippur were all celebrated with traditional and contemporary liturgical elements, singing, readings and prayer. A number of congregants presented poetry from their own homes, and the Yizkor list, which we traditionally read aloud on Yom Kippur, was presented as a short video, accompanied by a musical background. Rabbi Cohen concluded the evening service by the traditional blowing of the shofar.



The Ahavath Sholom community, along with many guests, friends and family, some in locations far from the Berkshires, were able to create safe and intimate holy spaces within their own homes as we all experienced the Days of Awe in a unique, creative and thoughtful way.

Videos of all four of the 5781/2020 High Holy Day services are on the [Congregation Ahavath Sholom website](#).

## October Creative Arts Workshops: *Designing Photographs*

During the first Zoom workshop on Sunday, October 4th at 2:00, Arthur Hillman will discuss taking carefully conceived and designed photographs through the examination of a selection of images by a variety of photographers, including examples of his own work. He will demonstrate some basic digital editing techniques using freeware image editing software, as well as Adobe Photoshop. After this first workshop, participants can then submit two of their own photographs for critique at the follow-up session on Sunday, October 18th (also at 2:00). Subject matter can include portraits, landscapes, garden images, still life compositions, street photography, abstractions, etc. The group will examine and discuss these images on the basis of content, composition, expression, technical effectiveness and other design considerations. A minimum donation of \$10 is requested to support our Creative Arts programs. (Please email [arthurhillman@roadrunner.com](mailto:arthurhillman@roadrunner.com) to reserve a place and to submit your photographs by Friday, October 16th).



CAS member Arthur Hillman is a photographer and printmaker who has been exhibiting his photographs and prints for over 50 years. His work has been presented in over 20 one-person shows and in many national print exhibitions and group exhibits. He has a B.F.A. from the Philadelphia College of Art and an M.F.A. from the University of Massachusetts at Amherst. Arthur taught at the Massachusetts College of Art in Boston from 1968-1974. He joined the visual arts faculty of Simon's Rock in 1974 and taught there until retiring in 2011. He has delivered a variety of lectures and presentations on photography and printmaking, juried many exhibits, and was a founding member of the Berkshire Photography Group. He is currently Professor Emeritus, *Photography, Printmaking and Design*, Bard College at Simon's Rock. More of his work can be seen online at [arthurhillman.net](http://arthurhillman.net).

### Milchidika with Marty:

#### *Don't garden on a hillside when there are acorns on the ground*

That is what I told the foot doctor as he bandaged my two broken toes. Marty

When weeding, the best way to make sure you are removing a weed and not a valuable plant is to pull on it. If it comes out of the ground easily, it's a valuable plant.

God makes rainy days, so gardeners could get the housework done.

A toddler was found eating a slug. After the initial surge of disgust, the parent said, "Well, what does it taste like?" "Worms," was the reply.

"Gardening requires a lot of water-most of it in the form of perspiration." Lou Erikson

"A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing, and the lawn mower is broken." James Dant

Wanted: man to take care of cow that does not smoke or drink.

"There's one good thing about snow, it makes your lawn look as good as your neighbor's." Clyde Moose

"Of all the wonders of nature, a tree in summer is perhaps the most remarkable; with the possible exception of a moose singing "Embraceable You" in spats." Woody Allen

"When I asked you to water the plants, I did not expect you to unzip your pants." Mike Ganofalo

"I was a vegetarian until I started leaning toward the sunlight." Rita Rudner

"Men are like fine wine. They all start out like grapes, and it's our job to stomp on them and keep them in the dark until they mature into something you would want to have dinner with." Female Author Unknown

"Your first job is to prepare the soil. The best tool for this is your neighbor's motorized garden tiller. If your neighbor does not own a garden tiller, suggest that he buy one." Dave Barry

A woman asks a neighbor, "Can I borrow your lawn mower?" Her neighbor says, "No, he's not home yet."

An advertisement for an ant poison states, "Kills ants for three months." How do those ants come back to life?

"I have a rock garden. Last week three of them died." Richard Diran

If a man is alone in the garden and speaks, and there is no woman to hear him, is he still wrong?

## Life Cycle of a Butterfly, a poem by Lee Schwartz

Wouldn't it be wonderful  
to pass through different  
stages like the butterfly,  
we are bricked up in a Poe  
cellar breathing stale air in  
unwashed bodies, yesterday's  
pajamas. Children yawning  
apathy, families huddling  
to create meaning, the zoom box  
cold as yesterday's pancakes.  
Folks with masks and message Tees  
gather for ministry in the streets,  
pouring centuries of slag into  
dumpsters, everyone an action  
doll for change and tomorrow.

I want to be a kid at camp,  
wander the woods, catch butterflies,  
swim the lake and get too sunburn,  
told a scary story under a starless sky,  
kiss a boy behind my bunk,  
taste his coke in my mouth  
without hiding behind a mask.

We don't pass through chrysalis  
to Monarch, evolve to grow wings,  
we don't even come home from work,  
the floor worn from our repetitive  
ringer: wash, eat, work, repeat.  
The Monarch living only a month or two,  
is constantly transforming,  
while we spend what feels like eons  
pacing the midnight floor, waiting...  
caught in a bio war with an invisible  
enemy, while the President laughs.

We clutch our pain to our chests,  
trying to believe we will return  
to a stage of whole life fuel,  
we keep the world within us  
spinning on hope of change.  
Will we taste the first snow  
or from this same window,  
being stuck in a jar,  
waiting for wings and breathless  
beauty to carry us away.

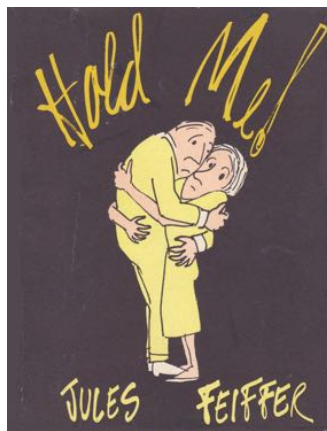
*Lee Schwartz*

## Some Ahavath Sholom member news

Ilene Spiewak has two paintings in the Berkshire Art Association juried show entitled NEXT. The opening is October 10th at the Lichtenstein Center for the Arts at 28 Renne Avenue in Pittsfield. There will be scheduled timed entry admissions on weekends by appointment only. Call the Lichtenstein at 413-499-9348. The exhibition will run through November. If you can't attend in person, there will be a video available on the BAA website.

Ilene also has a painting at the Berkshire Museum in a juried exhibition, Art of the Hills: NARRATIVE. The show is available to see up close and in person from October 10, 2020 to January 10, 2021. There are virtual gallery talks by jurors and curators Amy Myers and Seung Lee at BerkshireMuseum@Home.

Recently, Brenda Butler, M.D., received a Silver Ribbon Award from the NAMI (National Alliance on Mental Illness) Berkshire County, a non-profit, grassroots, education and advocacy group. Their membership celebrated Brenda's passionate commitment and tireless work at Berkshire Medical Center and the Brien Center with children and adolescents and their families, who are dealing with mental illness in our community. The award was presented by Berkshire District Attorney Andrea Harrington.



For those who missed last month's presentation by the CAS Theatre Group, Selected Vignettes from *Hold Me* by Jules Feiffer and *Monologues* can be seen on the CAS website under Programs and Events on the top drop-down menu; click on The CAS Theatre Group to access the video. Featuring Ellen Axelrod, Barbara Janoff and Barry Shapiro, the video was directed and produced by Linda Josephs.

## We remember Ahavath Sholom member Freke Quirine Vuijst-Klein

Freke Quirine Vuijst-Klein, died of cancer on September 4th, her 68th birthday, at her home in Great Barrington, Massachusetts. She was an award-winning documentary filmmaker, author, and foreign correspondent for Dutch media.

Vuijst-Klein was the daughter of the late Reverend Jan Vuijst and Tina de Ridder-Vuijst, both of whom were recognized as Righteous Gentiles during the Nazi occupation of the Netherlands. Vuijst-Klein was a reporter for the Dutch newsmagazine, *Vrij Nederland*, since graduation from the Royal School of Journalism in the Hague. *Vrij Nederland* began as an underground resistance newspaper during the Nazi Occupation.

Vuijst-Klein's films included "Keep on Walking" (the 2002 Paul Robeson Award, First Prize) and "Consuming Hunger" (the 1988 World Hunger Media Award, First Prize). Most recently, she translated and narrated the book she co-wrote, "Alias Fortezza -- a Hacker's Diary" for American publication (Audible Audio Books).

She is survived by her husband, Daniel M. Klein, of Great Barrington, her daughter, Samara Q. Klein of Housatonic, Massachusetts, Samara's partner, Daniel M. Bialowas, and her granddaughter, Eliana Q. Bialowas. She is also survived by her sister, Marjan Q. Vuijst and her brother, Peter Q. Vuijst, of the Netherlands.

A convert to Judaism, Ms. Vuijst was buried at the Jewish cemetery in Great Barrington on September 6th, Rabbi Barbara Cohen officiating.

## October Jahrzeits

"Much of our experience of divine goodness, grace and love has come to us through those whose lives have touched our own."

	Original date	This year date
Herman Felber	Tishrei 14	10/2
Seymour Isserson	Tishrei 18	10/6
Mark Cohen	Tishrei 20	10/8
James Mitsuda	Tishrei 22	10/10
Sidney Yurmark	Tishrei 23	10/11
William Pozefsky	Tishrei 23	10/11
Joseph Richter	Tishrei 25	10/13
Harry Aaron Orenstein	Tishrei 25	10/13
Vivianne Frankel/Chava Miriam	Tishrei 26	10/14
Florence Lipshitz	Tishrei 28	10/16
Walter Brill	Cheshvan 03	10/21
Joseph Kogan	Cheshvan 10	10/28
Beverly D. Shimmin	Cheshvan 10	10/28

## October Donations

### In memory of Lillian "Lakie" Kipnis

Naomi Alson  
Joan and Dan Burkhard  
Lisa and Eric Chamberlain  
Susie Fineman  
Sandra and William Flannery  
Barbara Janoff  
Mark and Marcy Haffner  
Arthur and Louise Hillman  
Ellen Kanner  
Joshua Kanner  
Marcie and Charles Mandel  
Helen and Stephen Radin  
Richard and Diana Richter  
Vivian Scheinmann  
Barry and Donna Schuler  
Joan Schuman  
Joan and Joseph Silverstein  
Barbara Viniar  
Alison Adams-Weinberg and Stephen Weinberg  
Keren Weiner  
Maxine Wisbaum

### In memory of Freke Vuijst-Klein

Sandra and William Flannery  
Arthur and Louise Hillman  
Samara Klein

### In memory of Roberta Rudin

Harold Rudin

### In Celebration of the High Holy Days

Lisa and Eric Chamberlain  
Mike and Kay Jaffe  
Caroline and Irwin Kessman  
Dan and Loretta (Lori) Rothstein  
Lee Schwartz  
E. Bonnie Silvers

### In honor of Esther Cutler

Anita Bakst

### In honor of Dr. Thomas Josephs

Belle Fisch

### In honor of the CAS Theatre Group

David Birch  
Sandra and William Flannery  
Arthur and Louise Hillman  
Linda Josephs  
Scott and Lisa Josephs  
Carol Killian  
Kim and Andrew Savage  
Martin Stransky and Isabelle Weinberg  
Alison Adams-Weinberg and Stephen Weinberg

### Other donations

Laura Chekow  
Joel and Cathy Elkin Cohen  
Marcy Ross  
John Slote and Nancy Cohen

## Ahavath Sholom Advertisers and Sponsors



Our newest advertiser

**BAGEL & BREW**

18 Franklin Street • Lenox, MA

Phil Cohen, Owner      facebook.com/bagelandbrew  
413-637-0055      bagelandbrew@gmail.com

Celebrating 60 years

**Ward's**

Where Gardeners Grow  
Great Barrington, MA

Open Daily - 413-528-0199 - [www.wardsnursery.com](http://www.wardsnursery.com)

**Wheeler & Taylor**  
Insurance • Real Estate  
SINCE 1871

317 Main St. Gt. Barrington MA 01230 413•528•1000	472 East St. Pittsfield MA 01201 413•448•8224	96 Main St. Sheffield MA 01257 413•229•8064	44 Main St. Stockbridge MA 01562 413•298•5584
--	--	--	--

[www.wheelerandtaylor.com](http://www.wheelerandtaylor.com)

**RESULTS**

Get the results you're looking for, schedule your print & digital ad today!

Affordable Ad Rates • 57,000 Readers Weekly  
18,000+ Direct Mailed in the Tri-State Area

**SHOPPER'S GUIDE** INC.

Weekly Ad Deadline: Friday 11 am  
271 Main Street, Downtown Great Barrington, MA 01230  
413-528-0095 • [www.shoppersguideinc.com](http://www.shoppersguideinc.com)

IN PRINT & ONLINE!

\$5 OFF  
AREA MERCHANTS & CUSTOM SERVICES  
HERRINGTON'S

PLEASE SUPPORT OUR CAS ADVERTISERS

**Naomi Alson**  
**Licensed Acupuncturist and Herbalist**

11 Quarry Hill Road  
 413-243-8255 or 413-243-3223  
 email: Nalson247@hotmail.com



**CARR HARDWARE & SUPPLY, INC.**  
 SERVING THE BERKSHIRES SINCE 1928  
 256 Main St., Gt. Barrington, MA 01230  
 52 Park St., Lee, MA 01238  
 Phone: 413-528-4520 Fax: 413-528-6809  
 www.carrhardware.com

11

**JK CUSTOM FURNITURE & DESIGN**  
 jkcabinetsandfurniture.org  
 413. 429. 6840

**DAVID M. LAZAN** Attorney at Law  
 Lazan Glover & Puciloski, LLP

**GT. BARRINGTON** 785 Main Street  
**PITTSFIELD** Great Barrington, MA 01230  
**BOSTON** (413) 644-0200 Fax (413) 644-0201  
 Email: lazan@lazanlaw.com

**DOMANEY'S WINES & LIQUORS**

A WONDERFUL DELI  
 Loaded with cheeses from around the world, a quality line of humus, and other specialty items.

We are known for our enormous selection of wines.

YOUR KOSHER WINE CENTER  
 ☆ Over 15 Varieties Now Available ☆

66 Main St., Great Barrington, MA  
 413.528.0024 Fax 413.528.6093

Open Mon-Sat  
 9:30am-10:00pm

**Eco Dry Cleaners & Tailoring**

413) 528-0004  
 165 Main St. Great Barrington MA 01230

Organic Dry Cleaning

- No more Bacteria, No more Odor
- Rinses Clean with No Irritating Residue

Professional Tailoring

- Wedding Dress, Party Dress

Home Decoration

- Custom Made Curtains & Drapery

FUR & RUG Cleaning

- Oriental & Hand-made

Shoe Repair

- 35 Years Experienced

Zipper Fix

Day	Hours	Promotions
Mon - Fri	8am ~6pm	
Sat	9am~4pm	Cash Prepaid : Dry Clean 10% Off
Lord's Day	Closed	Store Name :

PLEASE SUPPORT OUR CAS ADVERTISERS





*Joy Robin Dronge*  
 Juilliard Trained  
 award winning performer & composer

**Music Lessons**


flute † piano † recorder † performance  
 private & groups for ages 2–102 reasonable rates  
 413.298.3029 • joydronge@yahoo.com



*Joy Robin Dronge*  
 Juilliard Trained Musician

*Wedding Music  
 Coordinator & Performer*

all instruments—classical & jazz  
 Arranging live wedding music in the Berkshires since 1974  
 413.298.3029 • joydronge@yahoo.com

**Barnbrook**   
 CHRISTIE'S  
 INTERNATIONAL REAL ESTATE

Bringing you home from near and far

**Mary White**  
 BROKER OWNER

271 Main St, Great Barrington, MA 01230  
 27c Housatonic St, Lenox, MA 01240

---

o 413-528-4423      c 413-329-6342  
 Mary@BarnbrookRealty.com | www.BarnbrookRealty.com

PLEASE SUPPORT OUR CAS ADVERTISERS




**THE GREAT BARRINGTON BAGEL  
 COMPANY INC.**  
 WHERE YOU CAN TASTE THE  
 DIFFERENCE

SPECIALIZING IN:  
 • SMOKED FISH • DELI SANDWICHES •  
 • GOURMET SALADS • PARTY PLATTERS

**LET US HELP YOU PLAN  
 YOUR NEXT CELEBRATION**

777 SOUTH MAIN ST. GREAT BARRINGTON, MA 413-528-9085 FAX 528-1539

Dino Zabian



**LENNOX JEWELERS**  
 D i a m o n d s

165 Main Street      Tel. 413.717.4239  
 PO Box 261      Fax: 413.717.4251  
 Great Barrington, MA 01230      mail@lennoxjewelers.com



# MIELKE

( "MILKY" )

## CONFECTIONS

— FAMILY OWNED SINCE 1961 —

260 Stockbridge Road, Great Barrington, MA

800-345-2462

[www.mielkeconfections.com](http://www.mielkeconfections.com)  
Like Us on Facebook/mielkeconfections

*Offering Old Favorites and many  
New Surprises such as Berkshire Treats...  
Gift Baskets of any size filled with  
Mielke Confections and other  
locally made Berkshire products:*



## THE SNAP SHOP

14 RAILROAD STREET  
GREAT BARRINGTON MA 01230  
413-528-4725  
TUE - FRI 9-5:30 SAT 9-4  
CLOSED SUN & MON  
STEVE & TONY

### CHARLES J. FERRIS

ATTORNEY AT LAW

500 MAIN ST. SUITE 1  
GT. BARRINGTON, MA 01230  
TEL: (413) 528-8900  
FAX: (413) 528-9132

27 HENRY AVENUE  
PITTSFIELD, MA 01201  
TEL: (413) 443-8900

EMAIL: [charles.ferris@verizon.net](mailto:charles.ferris@verizon.net)

MEMBER OF MASSACHUSETTS & NEW YORK BAR

PLEASE SUPPORT OUR CAS ADVERTISERS