



Congregation Ahavath Sholom

The Creative Spirit Dwells Here

THE CAS NEWSLETTER

October 2022

Upcoming services and events

Saturday, October 1 at 10:00 AM: Shabbat Shuvah service at the synagogue (masks required)

Tuesday, October 4 at 7:00 PM: Kol Nidrei service at Berkshire South Community Center (masks required)

Wednesday, October 5 at 10:00 AM: Yom Kippur service, including Yizkor (masks required)
at Berkshire South Community Center

5:30 PM: Neilah concluding service, with challah and wine following
in the main room at conclusion of service (no break fast)

Sunday, October 9 at 11:00 AM: Sukkah decorating at the synagogue

Monday, October 10 at noon: Memoir Workshop via Zoom

Wednesday, October 12 at 10:00 AM: Café Kehillah with Rabbi Barbara Cohen via Zoom

Monday, October 17 at 5:30 PM: October Board Meeting via Zoom

Tuesday, October 18 at 10:00 AM: Yizkor for Shemini Atzeret/Sukkot via Zoom

Wednesday, October 19 at 10:00 AM: Café Kehillah with Rabbi Barbara Cohen via Zoom

Friday, October 21 at 5:00 PM: Candle Lighting Service via Zoom

Wednesday, October 26 at 10:00 AM: Café Kehillah with Rabbi Barbara Cohen via Zoom

Saturday, October 29 at 10:00 AM: Shabbat Service at the synagogue

This month's newsletter features:

- The High Holy Days
- Café Kehillah Luncheon
- New CAS members
- *Autumn Spirits*
- *October Creative Arts Workshops*
- RE*Fresh, the BAA Biennial 2022
- Portrait Competition Peoples' Choice Award
- October Yahrzeits
- October Donations
- CAS Advertisers and Sponsors

The High Holy Days

After several years using Zoom, our congregation returned to the Berkshire South Regional Community Center, our High Holy Day home, for Rosh HaShanah services. Rabbi Barbara Kipnis Cohen challenged CAS members and guests to consider and examine four critical questions: What am I carrying? How did I get here? Why did I say yes? What is my dark?



We hope you can join us as we continue services at Berkshire South with Kol Nidrei on the evening of October 4th and Yom Kippur services on October 5th at 10:00 a.m., with Neilah at 5:30 p.m. If you haven't already registered for Yom Kippur services (members and non-members alike) please do so right away.

Please go to the CAS website homepage (www.ahavathsholom) to register.

Information on costs for members' immediate family guests and for non-members, as well as Yizkor information, are also featured on the homepage of our website.

Café Kehillah Luncheon

At the initiative and organization of Laura Chekow, and the sponsorship of Rabbi Barbara Cohen (who had mentioned starting the year off by "pulling together in person" whenever possible), a group of regular Café Kehillah participants, along with a few newcomers, met in late September at the Aegean Breeze restaurant in Great Barrington for a joyful luncheon. While Laura and her dad, Arnold, actually live in Rochester, New York, she and her family were former members of CAS and Laura has been a steady and vital contributor to our Wednesday coffee hour/discussion groups on Zoom. She was in Great Barrington for a few days, and along with ten other CAS folks, gathered together for a wonderful time on the restaurant's outdoor porch. For those of you who have not yet tried out the Zoom version of Café Kehillah, consider this an open invitation to join the group on Wednesday mornings at 10:00 a.m. for informal, far-reaching, totally improvised, discussions.



CAS New Members

The congregation offers a warm welcome to our new CAS members:

Lana Israel
Jane Stepman McAndrew
Myrna and Hy Rosen
Ernst Rosenberger
Daniel Schenker
Debbie Slater
Susan Weinstein

Over the next few issues of the newsletter, we hope to provide short biographies about each of these new congregants.

Save the Date: *Autumn Spirits*

In February Congregation Ahavath Sholom presented “Sips and Sonnets,” a reading of poems and sonnets for Valentine’s Day, which raised funds for the People’s Pantry. The evening was warmly received, and the congregation was able to donate over \$500 to the Pantry.

On Sunday, October 30th at 4:00 p.m., via zoom, CAS will present “Autumn Spirits,” a reading of poems and short pieces celebrating the various shades of the season. Some of the writers featured will be Keats, Oliver, Paley, Poe, Sexton, and Shelley. A number of CAS members, along with special guest, Jim Frangione, Artistic Director of the Great Barrington Public Theatre, will be reading. In lieu of a fee for this zoom presentation, we will, once again, be accepting donations for our local People’s Pantry.



Photo by [Johannes Plenio](#) on [Unsplash](#)

Here are Ilene Spiewak’s recommended cocktails to enjoy while viewing this event:

Bloody Mary Shelley

1.5 oz vodka
3 oz cranberry juice
Stir ingredients and pour into coupe glass
Garnish with black licorice nib on a cocktail pick

FrankenFizz

1.5 oz vodka
2 oz ginger beer
2 oz apple cider
Stir ingredients and pour into a highball glass with ice
Garnish with green apple wedge and sprinkle of ground cinnamon

Bewitched Bourbon and Apple Cider

1 oz bourbon
4 oz apple cider
1/2 tsp maple syrup
Combine ingredients and shake
Pour into a rocks glass with ice
Garnish with apple wedge

Autumn Fizz

2 oz gin
1/4 lemon juice
Splash of apple cider
Shake ingredients, pour into coupe glass and garnish with pear or apple wedge

Tall Tale

2 oz rye whiskey
1/4 oz maple syrup
1/2 oz lemon juice
Shake ingredients, pour into coupe glass and garnish with cinnamon stick

Mock the Raven

4 oz apple cider
2 oz ginger beer
1/2 oz maple syrup
Stir ingredients and pour into rocks glass with ice
Garnish with apple wedge and sprinkle of ground cinnamon

October Creative Arts Workshops

The next Memoir Writing Workshop will take place on Monday, October 10th at 12:00 p.m. Shared readings and short writing exercises. Each of these sessions is stand-alone. Please RSVP to Barbara Janoff at bjanoff1@gmail.com. Suggested donation to CAS is \$10 to support our Creative Arts Programs.

Barbara Janoff Ph.D. recently retired from the Fashion Institute of Technology, State University of New York in Manhattan, where she taught writing and literature. Her poetry and essays have appeared in a number of journals, including Communication Arts, Women's Work: The Journal of the Columbia College Women's Center and the Berkshire Review.

The next Photography Workshop will take place at 7:00 p.m. on a date still to be determined. Participants in the workshop can submit any images they would like discussed, regardless of subject matter or content, using phone or camera. They can also share their screen with the group. These workshops are stand-alone sessions, open to all. Please RSVP to arthurhillman54@gmail.com. Suggested donation to CAS is \$10 to support our Creative Arts Programs.

Photographer and printmaker Arthur Hillman has been exhibiting his prints for more than 50 years. He has delivered a variety of lectures and presentations on photography and printmaking, juried many exhibits, and was a founding member of the Berkshire Photography Group. He is Professor Emeritus, Photography, Printmaking and Design, Bard College at Simon's Rock.

RE*Fresh, the Berkshire Art Association Biennial 2022

RE*fresh

BERKSHIRE ART ASSOCIATION JURIED BIENNIAL SHOW
LICHTENSTEIN CENTER FOR THE ARTS
OCTOBER 7 - NOVEMBER 26
Featuring work of 36 artists from the Northeast U.S.



Artists from left to right: Karen Bognar Khan, Alan Papscon, Julia Eisen-Lester & Karen Kane

Opening: Friday, October 7, 5-8 pm
Reception and Awards: Saturday, October 8, 3-5 pm
Show runs through Saturday, November 26
Lichtenstein Center for the Arts
28 Renne Avenue, Pittsfield, MA 01201
Call 413.499.9348 for gallery information and hours



The mission of the BAA is to connect artists and the community in order to inspire creativity and increase access to the visual arts. For more information about the BAA, visit <https://berkshireartassociation.org>.

CAS members Joan Burkhard and Ilene Spiewak have paintings in the Berkshire Art Association Juried Biennial exhibition at the Lichtenstein Center for the Arts in Pittsfield.

Portrait Competition Peoples' Choice Award

We are also reminded that there's about a month left to vote for Ilene Spiewak's painting *Deeper into the Isolation of Self Information and Gender* for the Peoples' Choice Award. The painting is included in The Outwin American Portraiture Today exhibition at the National Portrait Gallery.



Vote at <https://portraitcompetition.si.edu/exhibition/2022-outwin-boochever-portrait-competition/deeper-isolation-self-information-and-gender?lang=eng>

You can vote every day.

October Jahrzeits

“Much of our experience of divine goodness, grace and love has come to us through those whose lives have touched our own.”

	Original date	Original Date	This year's date
Anna Schwartz	Tishre 10 5723	10/8/1962	10/10
Seymour Isserson	Tishrei 18 5747	10/21/1986	10/13
Mark Cohen	Tishrei 20 5778	10/10/2017	10/15
Nettie Eisenstein	Tishre 20 5769	10/19/2008	10/15
James Mitsuda	Tishrei 22 5769	10/21/2008	10/17
Sidney Yurmark	Tishrei 23 5728	10/26/1967	10/18
William Pozefsky	Tishrei 23 5707	10/18/1946	10/18
Joseph Richter	Tishrei 25 5722	10/5/1961	10/20
Harry Aaron Orenstein	Tishrei 25 5757	10/8/1996	10/20
LeRoy Brecher	Cheshvan 1 5750	10/30/1989	10/26
Solomon Clarin	Cheshvan 3 5743	10/20/1982	10/28

October Donations

In memory of James Mitsuda

In memory of Rose Klein

In memory of Al Goldfarb

Louise and Arthur Hillman

**In loving memory of my four beloved felines – Hooti, Kasha, Shayna and Tuxie-
who have passed over the last 30 years**

Deborah Slater

In honor of Barbara Cohen

Estelle Miller

High Holy Day donation

Lisa and Eric Chamberlain

In support of the People's Pantry

Nettie Hammond

In support of the Creative Arts Workshops

Ross Bettinger (Memoir Workshop)

Caroline Forsman (Memoir and Photography Workshops)

Bruce Frishkoff (Memoir Workshop)

Arthur Hillman (Memoir Workshop)

Carol Killian (Memoir Workshop)

Securing our Second Century

Michael Lebowitz

General donations

Phyllis Fink

Stuart Greenberg

Lori and Dan Rothstein

Deborah Slater

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