



# Congregation Ahavath Sholom

The Creative Spirit Dwells Here

## THE CAS NEWSLETTER

September 2021

### Upcoming services and events

**Wednesday, September 1 at 10:00 AM:** Coffee Time with Rabbi Barbara Cohen via Zoom

**Monday, September 6 at 7:00 PM:** Erev Rosh HaShanah

**Tuesday, September 7 at 10:00 AM:** Rosh HaShanah

**Saturday, September 11 at 10:00 AM:** Shabbat Shuvah (location TBA)

**Monday, September 13 at 12:00 PM:** Memoir Workshop via Zoom

**Monday, September 13 at 5:30 PM:** CAS Monthly Board Meeting via Zoom

**Wednesday, September 15 at 7:00 PM:** Erev Yom Kippur (Kol Nidrei) via Zoom

**Thursday, September 16 at 10:00 AM:** Yom Kippur

**Wednesday, September 22 at 10:00 AM:** Coffee Time with Rabbi Barbara Cohen via Zoom

**Saturday, September 25 at 12:00 PM:** Shabbat Sukkot Gathering at CAS (please bring your own lunch)

**Wednesday, September 29 at 10:00 AM:** Coffee Time with Rabbi Barbara Cohen via Zoom,  
Including Yizkor for Sukkot and Simchat Torah study time

### This month's newsletter features:

- **The High Holy Days: Last chance to register and submit Yizkor list**
- **Elul at the Lake**
- **Milchidika with Marty: Thoughts for a Successful Marriage**
- ***My Mother's Wallet*: a poem by Lee Schwartz**
- ***Distillations* Exhibition**
- **Cooking with Alison: Briam**
- **September Yahrzeits**
- **September Donations**
- **CAS Advertisers and Sponsors**

## The High Holy Days: Last chance to register and submit your Yizkor list

**ALL CAS members and guests must register for the High Holy Days** (both the two Zoom sessions and the two in-person sessions) by using the button on our website home page.

To have your Yizkor remembrances included on Yom Kippur, please use the form in the registration section of the website to list your names. **If your list is the same as last year, just indicate that fact on the form.** You can make your donation by using the donation button and form or sending us a check. In each case, be sure to indicate what the donation is for Yizkor.



### Erev Rosh HaShanah

Monday September 6, 7:00 PM via Zoom

### Rosh HaShanah

Tuesday September 7, 10:00 AM via Zoom

### Kol Nidrei / Erev Yom Kippur

Wednesday September 15, 7:00 PM via Zoom

### Yom Kippur

Thursday September 16, 10:00 AM via Zoom

## Elul at the Lake

Rabbi Barbara invited us to join her for Elul at Laurel Lake on August 7th; over forty people attended the celebration.





## **Milchidika with Marty:**

### ***Thoughts for a Successful Marriage from Socrates to Shel Silverstein***

*[Note: This article originally appeared in the December 2017 issue of the CAS Newsletter]*

"My advice to you is to get married. If you find a good wife, you'll be happy, if not, you'll become a philosopher."

*Socrates*

"To keep your marriage brimming,  
With love in the loving cup,  
Whenever you're wrong admit it.  
Whenever you're right shut up."

*Ogden Nash*

"A successful marriage requires falling in love many times, always with the same person."

*Mignon McLaughlin*

"When a man opens the car door for his wife, It's either a new car or a new wife."

*Prince Phillip*

"A happy home is one in which each spouse grants the possibility that the other might be right, though neither believe it."

*Don Fraser*

"Never shout at each other unless the house is on fire."

*Unknown*

"A happy man marries the girl he loves, a happier man loves the girl he marries."

*Anonymous*

"My husband and I divorced over religious differences-he thought he was God and I didn't."

*Unknown*

"Some people ask the secret of our long marriage. We take time to go to a restaurant two times a week. A little candlelight, dinner, soft music and dancing. She goes Tuesday and I go Friday."

*Henny Youngman*

"A man who says his wife can't take a joke, forgot that she took him."

*Oscar Wilde*

"Love at first sight is easy to understand, it's when two people have been looking at each other for a lifetime that it becomes a miracle."

*Sam Levenson*

"No man was ever shot by his wife while doing the dishes."

*Unknown*

"In my home I'm the boss, my wife is just the decision maker."

*Woody Allen*

"A wedding anniversary is the celebration of love, trust, partnership, tolerance, and tenacity. The order varies for any given year."

*Paul Sweeney*

"My wife and I were happy for twenty years. Then we met."

*Rodney Dangerfield*

"The most important thing a father can do for his children is to love their mother."

*Theodore Hesburgh*

"If you want to marry me, here's what you'll have to do:  
You must learn how to make a perfect chicken-dumpling stew,  
And you must sew my holey socks,  
And soothe my troubled mind,  
And develop the knack for scratching my back,  
And keep my shoes spotlessly shined,  
And while I rest you must rake up the leaves,  
And when it is hailing and snowing,  
You must shovel the walk.... and be still when I talk,  
And- hey- Where are you going?"  
*Shelly Silverstein*

## **My Mother's Wallet: a poem by Lee Schwartz**

Like a rifle, she carried it everywhere,  
with her lacquered nails, she opened and closed it all day,  
like windshield wipers washing away involuntary tears.  
Black rectangle, dead alligator skin,  
daddy tore up your plane tickets,  
sabotaged your driving test.  
He kept you shrink wrapped, freezer trapped  
in your GE sparkle white kitchen,  
unlike Nora, you left in a taxi but always returned.  
This glossy wallet with bear claw clasp,  
bartered for lobster, theater tickets, diamonds,  
holding all that scatters and widens for adventure.

Why do I still hold on, forty-seven years after you died?  
I don't care about your jewelry or love letters sent to dad  
from Arizona after my birth.  
I wanted you to hold me close,  
take me everywhere, to open all your secrets,  
why all the fighting, throwing up in the sink?  
Put me in your purse, I am everything you need,  
let me rouge your cheeks and dry your eyes,  
a body needs to be held and crushed in memory.

This wallet flooding the moment --  
a woman with famine in her eyes,  
pushing all her living onto me.  
A restlessness for life you found only in books,  
living other's lives between the lines  
my father could not take away.  
Now everything stops for a while,  
I open the cracked leather and smell you,  
I've been to Paris, wish you were here.

*Born in Brooklyn, CAS member Lee Schwartz is a native New Yorker. She graduated with advanced degrees from NYU and has never left Greenwich Village. She studied with Sharon Olds and Frida Kahlo is another mentor. Lee is two-time winner of the Allen Ginsberg, Paterson Literary Prize and served as Artist in Residence at the 92<sup>nd</sup> St Y in NYC. She has work in TRANS BODIES, TRANS SELVES, Oxford University Press, Writing Fire, Green Fire Press, and many Journals. Her recently released book of poems, GENDER ARTIST, is available through Amazon.com.*

## Distillations Exhibition



### YOU'RE INVITED!

OPENING RECEPTION FRIDAY OCTOBER 1ST 5-8PM  
THE LICHTENSTEIN CENTER FOR THE ARTS  
28 Renne Avenue off of Fenn Street Pittsfield, MA 01201

## Cooking with Alison

The ninth cooking demonstration from our own Alison Adams-Weinberg's kitchen is Briam. **We have installed the video on the CAS website along with Alison's other cooking videos.** Please check it out! The printed recipe is below.



## Briam (slow roasted vegetables in olive oil )

### Ingredients

- 1/2 lb Yukon gold potatoes, peeled and slice 1/4 inch thick
- 1/3 cup extra virgin olive oil, divided
- 4 cloves garlic, 2 minced and 2 sliced
- 3/4 tsp table salt divided (I use kosher salt)
- 1 small onion sliced, divided
- 1/2 tsp black pepper, divided
- 1/2 tsp dried oregano, divided
- 1 small green pepper, stemmed, seeded and cut in 2-inch strips
- 1 small yellow squash or zucchini sliced 1/4 inch thick
- 2 medium tomatoes cored and sliced 1/4 inch thick
- 2 tbsp chopped parsley for garnish

## Directions

1. Preheat oven to 400 degrees. Adjust oven shelf to middle of oven.
2. Place sliced potatoes, 1/6 cup of extra virgin olive oil (approximately 2.5 tbsp oil), minced garlic and 1/4 tsp salt in a small casserole. (approximately 7" x 4"). Toss to combine, spread into even layer. Scatter 1/2 of the onion slices over potatoes. Sprinkle with 1/4 tsp black pepper and 1/4 tsp oregano.
3. Scatter green pepper over surface, followed by remaining onion, sliced garlic, 1/8 tsp pepper and 1/4 tsp oregano.  
Arrange squash in single layer over green pepper. Top with tomato slices, overlapping pieces so they cover the top (should be snug).  
Pour remaining olive oil over tomatoes. Sprinkle with 1/4 tsp salt and 1/8 tsp pepper.
4. Cover loosely with aluminum foil, leaving sides open. Bake for 30 minutes.  
Remove foil and continue baking until potatoes can be easily pierced with tip of paring knife (approximately 40 min).  
Let cool for 20 minutes. Scatter chopped parsley over top and serve.

## September Yahrzeits

**“Much of our experience of divine goodness, grace and love has come to us through those whose lives have touched our own.”**

	Hebrew Date	Date this Year
Aranka Gellert	Elul 24 5740	9/1
Sam Linder	Tishrei 01 5759	9/7
Masato Mitsuda	Tishrei 01 5768	9/7
Diana Fisher Berkowitz	Tishrei 03 5778	9/9
Matilda Radin	Tishrei 03 5754	9/9
Bruce Budnick	Tishrei 04 5777	9/10
Esther B. Cutler	Tishrei 10 5773	9/16
Anna Schwartz	Tishre 10 5723	9/16
Seymour Isserson	Tishrei 18 5747	9/24
Mark Cohen	Tishrei 20 5778	9/26
James Mitsuda	Tishrei 22 5769	9/28
Sidney Yurmark	Tishrei 23 5728	9/29
William Pozefsky	Tishrei 23 5707	9/29

## September Donations

**In loving memory of our parents and in support of the community we treasure**  
Lisa and Eric Chamberlain

**In loving memory of Harry Winston**  
Lisa and Eric Chamberlain

**In loving memory of Don Barron**  
Lisa and Eric Chamberlain

**In loving memory of Freke Q. Vuijst**  
Daniel and Samara Klein

**In loving memory of Masato Mitsuda**  
Arthur and Louise Hillman

**In appreciation of the Creative Arts Workshops**  
Michele Waldman

**Rabbi's Discretionary Fund**  
Ruth Barron and Jeff Ommundsen

### General donations

Bruce Bernstein  
Roselle and Alan Chartock  
Ann Dorfman  
William and Sandra Flannery  
Arthur and Louise Hillman  
Harold Rudin  
Donald and Arlene Shapiro

## Ahavath Sholom Advertisers and Sponsors



**SHIRA NICHAMAN**  
Daily Money Manager in the Berkshires  
Your Financial Advocate & CFO

**Serving Seniors and Busy Professionals**  
BILL PAYMENT, EXPENSE TRACKING AND FINANCIAL  
REPORTING, TAX ORGANIZER, INSURANCE CLAIMS  
MANAGEMENT, FRAUD REVIEW

shira@everydaymm.com • 646-872-9842  
www.EverydayMoneyManagement.com

 **EVERYDAY MONEY  
MANAGEMENT** Making Your Personal  
Finances Easy and Secure!



Jayne Benjulian

Manuscript editing  
Coaching for writers

jaynebenjulian@gmail.com



# BAGEL & BREW

18 Franklin Street • Lenox, MA

Phil Cohen, Owner      facebook.com/bagelandbrew  
 413-637-0055      bagelandbrew@gmail.com

Celebrating 60 years



## Ward's

WHERE GARDENERS GROW  
Great Barrington, MA

Open Daily • 413-528-1195 • www.wardsnurery.com

**PLEASE SUPPORT OUR CAS ADVERTISERS**



## Wheeler & Taylor

Insurance • Real Estate  
SINCE 1871

337 Main St. Gt. Barrington MA 01230 413-528-1000	402 East St. Pittsfield MA 01201 413-468-8224	96 Main St. Sheffield MA 01257 413-229-8064	44 Main St. Stockbridge MA 01262 413-298-5584
--	--	--	--

[www.wheelerandtaylor.com](http://www.wheelerandtaylor.com)

# RESULTS

**Get the results you're looking for, schedule your print & digital ad today!**

Affordable Ad Rates • 57,000 Readers Weekly  
18,000+ Direct Mailed in the Tri-State Area



**SHOPPER'S GUIDE** INC.

**Weekly Ad Deadline: Friday 11 am**  
 271 Main Street, Downtown Great Barrington, MA 01230  
 413-528-0095 • www.shoppersguideinc.com

**IN PRINT & ONLINE!**

**\$5 OFF**  
 ALL INTERIOR & EXTERIOR PROJECTS  
 HERRINGTON'S

## Naomi Alson

Licensed Acupuncturist and Herbalist

11 Quarry Hill Road  
 413-243-8255 or 413-243-3223  
 email: Nalson247@hotmail.com



## CARR HARDWARE & SUPPLY, INC.

SERVING THE BERKSHIRES SINCE 1928  
 256 Main St., Gt. Barrington, MA 01230  
 52 Park St., Lee, MA 01238  
 Phone: 413-528-4520 Fax: 413-528-6809  
[www.carrhardware.com](http://www.carrhardware.com)

**PLEASE SUPPORT OUR CAS ADVERTISERS**

**DAVID M. LAZAN** Attorney at Law  
Lazan Glover & Puciloski, LLP

GT. BARRINGTON 785 Main Street  
PITTSFIELD Great Barrington, MA 01230  
BOSTON (413) 644-0200 Fax (413) 644-0201  
Email: lazan@lazanlaw.com

**THE GREAT BARRINGTON BAGEL  
COMPANY INC.**



**WHERE YOU CAN TASTE THE  
DIFFERENCE**

SPECIALIZING IN:  
• SMOKED FISH • DELI SANDWICHES •  
• GOURMET SALADS • PARTY PLATTERS

**LET US HELP YOU PLAN  
YOUR NEXT CELEBRATION**

777 SOUTH MAIN ST. GREAT BARRINGTON, MA 413-528-9085 FAX 528-1539

## **THE SNAP SHOP**

14 RAILROAD STREET  
GREAT BARRINGTON MA 01230  
413-528-4725  
TUE - FRI 9-5:30 SAT 9-4  
CLOSED SUN & MON  
STEVE & TONY

**CHARLES J. FERRIS**  
ATTORNEY AT LAW

500 MAIN ST. SUITE 1  
GT. BARRINGTON, MA 01230  
TEL: (413) 528-8900  
FAX: (413) 528-9132


27 HENRY AVENUE  
PITTSFIELD, MA 01201  
TEL: (413) 443-8900

EMAIL: [charles.ferris@verizon.net](mailto:charles.ferris@verizon.net)

MEMBER OF MASSACHUSETTS & NEW YORK BAR

**PLEASE SUPPORT OUR CAS ADVERTISERS**

**DOMANEY'S**  
WINES & LIQUORS



A  
WONDERFUL DELI  
Loaded with cheeses from  
around the world, a quality  
line of humus, and other  
specialty items.

We are known for our  
enormous selection of wines.

YOUR KOSHER WINE CENTER  
✧ Over 15 Varieties Now Available ✧

66 Main St., Great Barrington, MA  
413.528.0024 Fax 413.528.6093

Open Mon-Sat  
9:30am-10:00pm



*Joy Robin Dronge*  
Juilliard Trained  
award winning performer & composer

**Music Lessons**


flute † piano † recorder † performance  
private & groups for ages 2-102 reasonable rates  
413.298.3029 • joydronge@yahoo.com



*Joy Robin Dronge*  
Juilliard Trained Musician

*Wedding Music  
Coordinator & Performer*

all instruments—classical & jazz  
Arranging live wedding music in the Berkshires since 1974  
413.298.3029 • joydronge@yahoo.com

**Barnbrook**   
CHRISTIE'S  
INTERNATIONAL REAL ESTATE

Bringing you home from near and far

**Mary White**  
BROKER OWNER

271 Main St, Great Barrington, MA 01230  
27c Housatonic St, Lenox, MA 01240

---

o 413-528-4423 c 413-329-6342  
Mary@BarnbrookRealty.com | www.BarnbrookRealty.com